

# Useful resources and references

Most of the following resources have been recommended by autistic young people as material which can provide better understanding of autism. You can use these as part of your classroom discussions and lessons, or signpost your learners to these for further information.

## Books

### Fiction:

*A Kind of Spark* – Ellie McNicoll

*State of Grace* – Rachael Lucas

*Underdogs* series – Chris Bonello

*Curious Incident of the*

*Dog in the Night-time* – Mark Haddon

*Can you see me?* – Libby Scott

*Stim: an autistic anthology* –  
edited by Lizzie Huxley-Jones

*M is for Autism* – Limsfield Grange Students

*Pablo's Feelings, Goodnight Pablo,*

*Pablo and the noisy party, Pablo picks his shoes*  
– Cbeebies

### Non-fiction:

*Existing Autistic* – Megan Rhiannon

*Stim* – Lizzie 'Huxley' Jones

*Odd Girl Out* – Laura James

*How to be autistic* – Charlotte Amelia Poe

*The Reason I Jump* – Naoki Higashida

*Fall down seven times, get up eight*  
– Naoki Higashida

*Neurotribes* – Steve Silberman

*The Awesome Autistic Go-To Guide:  
A Practical Handbook for Autistic Teens  
and Tweens* – Yenn Purkis

*The Spectrum Girl's Survival Guide* – Sienna  
Castellon

*Camouflage: The Hidden Lives of Autistic  
Women* – Dr Sarah Bargiela

### Reading lists:

<https://lizziehuxleyjones.com/essential-autistic-reading-list/>

Lizzie Huxley Jones essential autistic reading list. Has a variety of books for different age ranges.

<https://autisticandunapologetic.com/category/autism-entertainment/>

There are some good reviews of books, films and TV series that are all autism related.

## TV

*The A Word*

*Pablo's World*

*Chris Packham: Asperger's and Me*

*Are You Autistic?* – Channel 4

*Everything Is Going to Be Okay*

*Atypical*

These are some of the existing resources developed by various professionals and organisations.

### Books:

*Autism in Primary Classroom*

Joy Beaney and Penny Kershaw, London:  
National Autistic Society

*Creating autism champions*

Joy Beaney, London: Jessica Kingsley

*Can I tell you about autism?*

Jude Welton, London: Jessica Kingsley